

<b>Table 5.3.4-2</b>				
<b>Summary of Radio Frequency Applications</b>				
<b>Name of Band</b>	<b>Abbr.</b>	<b>Freq Range</b>	<b>Primary Application</b>	<b>Sample use</b>
Low Frequency	LF	30-300 KHz.	Data & Position Info	Older Navigational beacons
Medium Frequency	MF	300-3000 KHz.	Voice/Audio Narrowband	AM Broadcast, older marine comm.
High Frequency	HF	3-30 MHz.	Voice/Audio Narrowband	Amateur Radio, Inter'l Broadcast
Very High Frequency	VHF	30-300 MHz.	Audio/Video Wideband	FM, TV, Land mobile
Ultra High Frequency	UHF	300-3000 MHz.	Audio, Video Data	TV, cellular, wireless networking
Super High Frequency	SHF	3-30 GHz.	Digital Data	Microwave and satellite links
Extremely High Frequency	EHF	30-300 GHz.	Digital Data	Microwave links & radio astronomy